



SugarSight App User Manual

Welcome to SugarSight, your comprehensive diabetes management companion brought to you by Vishvasys Technologies Pvt. Ltd. This manual will guide you through setting up and using the app's powerful features to take control of your health. The SugarSight App integrates with the Freestyle Libre 2 plus sensor from Abbott to get continuous glucose readings.

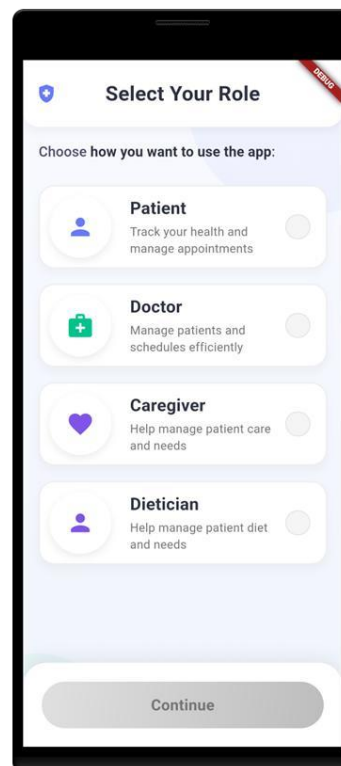
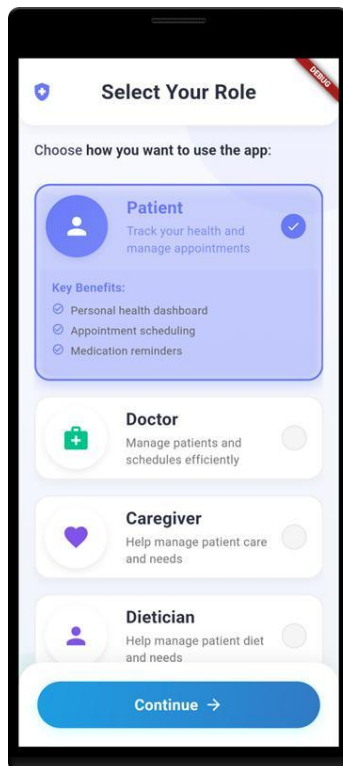
Note: The current version of the app that is circulated for user trials is only supported on the Android platform.

1. Getting Started: Account Setup

i. Download and Install:

***User trials:** For the user trials, the app will be installed on the patient's phone by a member of Vishvasys Technologies Pvt. Ltd. Note that the app is currently not available on the google play store or the apple app store.

ii. Sign Up: Open the app and tap "Sign Up." Enter your name, email, and a secure password.





2. **Role Selection:** The user may register as one of four roles:

- a) **Patient:** for patients who are diabetic. Note that if the patient is a minor (below the age of 18), it is mandatory to add a caregiver/guardian. The patient may add a doctor to their connection. If a patient books an appointment with a doctor, that doctor gets automatically added to the patient's network.
- b) **Doctor:** Doctors can register for the app and would need to submit their credentials such as their medical license number, qualifications, place of practice etc. These details will be verified before onboarding the doctor. Doctors can see the list of appointments and the data of their patients such as their glucose levels, HbA1c value, lab reports etc.
- c) **Caregiver:** A caregiver/guardian will have a separate login to view their patient's data in real time.
- d) **Dietician:** Dieticians can also onboard onto the app. They would have to provide their qualifications prior to using the app. Dieticians can suggest meal plans to the patients and can see the patient's glucose history and their overall health.

3. **Create Your Profile:** Fill in your personal details, including your date of birth, diabetes type, and your target glucose range. This information is crucial for the app's personalized features.

4. **User Dashboard Screen after logging in:**

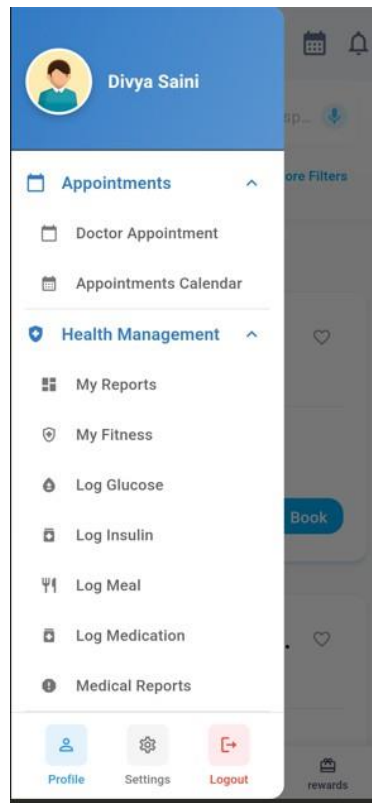
Once the login process is complete, the home page is visible to the user:





The user can click on the image on the top right corner image to access the dashboard. The menu contains options such as booking doctors appointments, health management and logging features.

The settings feature can be found at the bottom of the page.



5. Connecting to the Continuous Glucose Monitor (CGM):

Apply the sensor on your arm as per the instructions given in the box. Here is a video showing how to apply the sensor:

Applying the sensor: https://www.youtube.com/watch?v=NbSAZg2y_4Y



STEP 1



Select site on back of upper arm. Do not use other sites as these may result in inaccurate glucose readings.

Note: Avoid scars, moles, stretch marks, lumps, and insulin injection sites. To prevent skin irritation, rotate sites between applications.

STEP 2



Wash site using a plain soap, dry, and then clean with alcohol wipe. Allow site to air dry before proceeding.

STEP 3



Peel lid completely off Sensor Pack. Unscrew cap from Sensor Applicator.

CAUTION: Sensor codes must match on Sensor Pack and Sensor Applicator or glucose readings will be incorrect.



STEP 4



Line up dark mark on Sensor Applicator with dark mark on Sensor Pack. On a hard surface, press down firmly on Sensor Applicator until it comes to a stop.

STEP 5



Lift Sensor Applicator out of Sensor Pack.



STEP 6



Sensor Applicator is ready to apply Sensor.

CAUTION: Sensor Applicator now contains a needle. Do not touch inside Sensor Applicator or put it back into Sensor Pack.

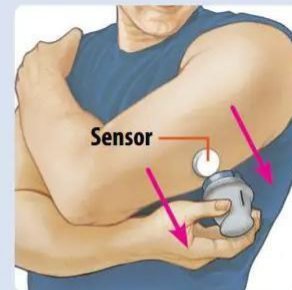
STEP 7



Place Sensor Applicator over site and push down firmly to apply Sensor.

CAUTION: Do not push down on Sensor Applicator until placed over prepared site to prevent unintended results or injury.

STEP 8



Gently pull Sensor Applicator away from your body.

The user may activate the CGM through two methods:

- a) Through the official Libre Link app from Abbott



In order to activate the CGM through the official Libre Link app, the user may download the app from the Android app store.

Scan the QR code to download the official Libre Link App from Abbott:



Link to download app:

https://play.google.com/store/apps/details?id=com.freestylelibre.app.inChl=en_INCpli=1

Upon downloading, follow the instructions to activate the CGM:

- i. **Open the app:** Launch the Libre Link app on your phone.
- ii. **Start a new sensor:** Tap "Scan new sensor" on the home screen or go to the menu and select the option to start a new sensor.
- iii. **Scan the sensor:** Hold the back or top of your phone over the sensor to scan it. You may hear a tone or feel a vibration when the scan is successful.
- iv. **Wait for activation:** After a successful scan, the app will show a countdown for the 60-minute warm-up period.
- v. **Start getting readings:** Once the countdown is finished, your sensor is ready to provide glucose readings, which will appear on the app's home screen.



Apply



Scan

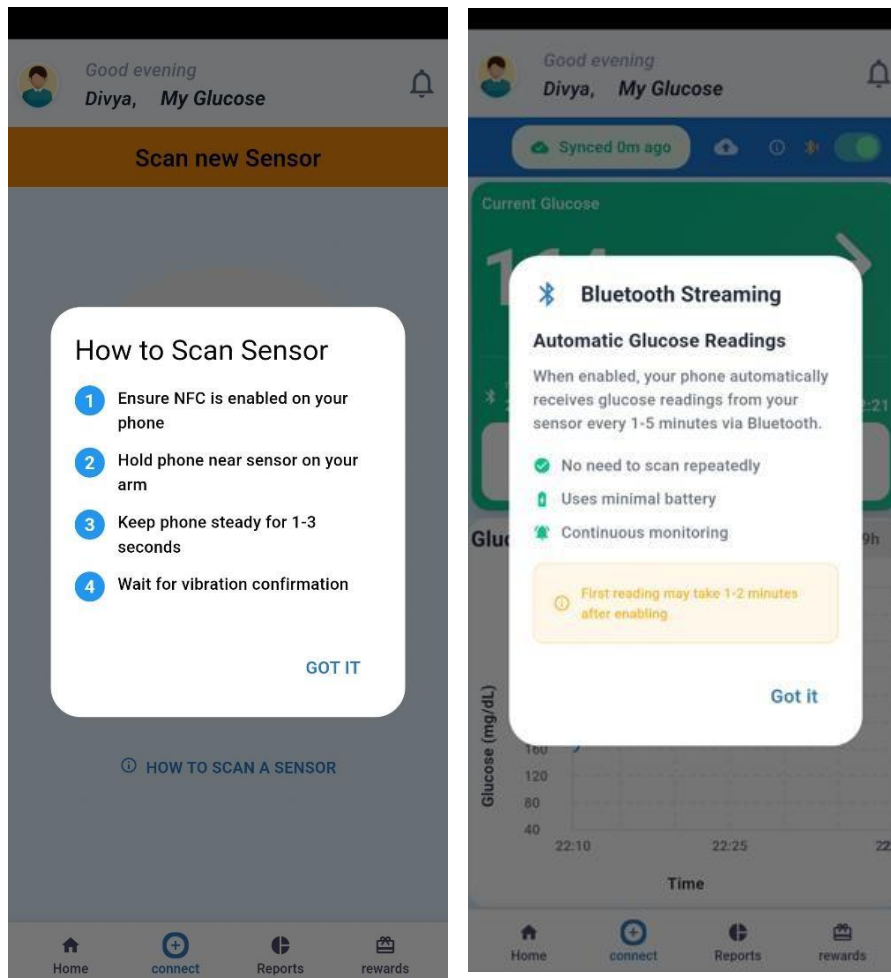


Read



b) Through the SugarSight App

In the SugarSight app, click on the connect button at the bottom of the screen. The “Scan new sensor” page will be opened. Follow the instructions as per the screen to activate the sensor from the SugarSight App. Once the sensor is activated, post a 60 minute interval. Tap the phone with the sensor again to get the readings on the SugarSight app.



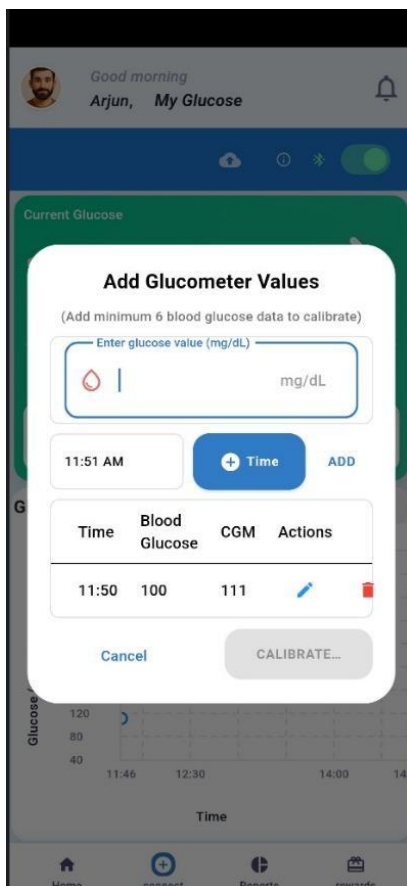
6. Core Features: Sensor correction, Logging and Monitoring

a) Correcting Your CGM Data

The CGM measurements are prone to errors, in order to correct for these errors in measurements, the user requires a Glucometer with six glucometer strips nearby. The steps involved in calibration



- i. **Note:** The procedure should happen during a meal cycle.
- ii. Click on the “Improve CGM Values” button to correct the CGM readings to match them to the Glucometer.
- iii. Enter the value from the glucometer in the dialogue box that’s shown below. Wait 20 minutes and enter the next value. Repeat this procedure till 6 values are entered. It is to be noted that the time gap between each value should be approximately 20 minutes. Upon completion, press the “Calibrate” button”



- iv. After the procedure, if the user wishes to repeat the procedure, press the “Edit Glucometer values” button to make changes to the reference values, and repeat the calibration procedure.
- v. It is recommended that the user repeat this procedure once a week during the sensor life (CGM life is for two weeks).
- vi. SugarSight will automatically begin pulling your glucose data and applying our proprietary error-correction algorithm.



b) Logging Meals, Insulin, Medication s Exercise

Logging your activities is key to gaining accurate insights and earning rewards.

- **Log a Meal:**
 1. Tap the "+" icon on the Dashboard and select "Log Meal."
 2. You can manually adjust the estimated values if needed.
 3. Tap "Save."
- **Log Insulin:**
 1. Tap the "+" icon and select "Log Insulin."
 2. Enter the insulin type and the dose in units.
 3. Tap "Save."
- **Log Exercise:**
 1. Tap the "+" icon and select "Log Exercise."
 2. Choose the type of activity (e.g., walking, running, cycling) and enter the duration.
 3. Connect to **Google Fit** or **Apple Health** in the **Integrations** menu to automatically log your activities.
 4. The data from Google fit and apple health will appear directly in the dashboard.





Good evening
Divya, Glucose Reading

Glucose Reading

Record your blood glucose level

Glucose Level *

100

mg/dL

Date


Nov 1

Time

10:30 PM

Test Type

Random



Glucose level and test type are required. Notes are optional.

Save Reading

Good evening
Divya, Insulin Log

Daily Insulin Intake

Log your dose quickly and easily

Insulin Units *

5.0

units

Date

Nov 1

Time

10:31 PM

Advanced Options

Insulin Type

Rapid Acting

How did you take it?

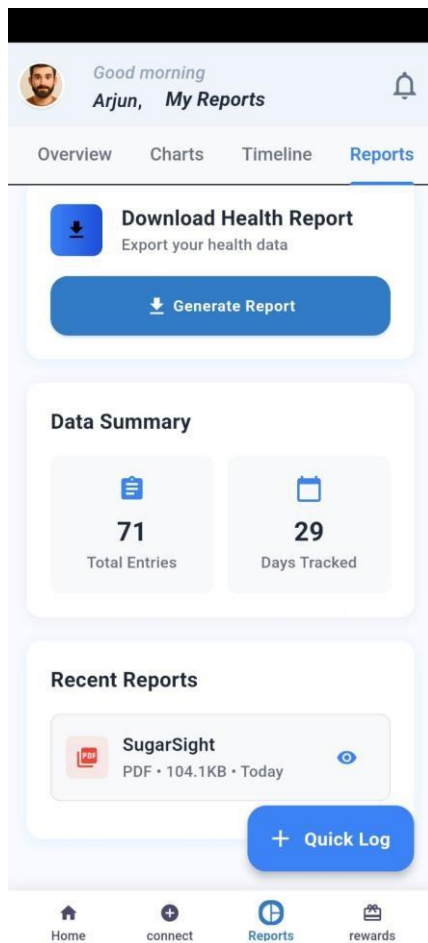
Injection

Only insulin units and time are required. Add more details in Advanced Options if needed.

Save Insulin Log

c) Reports Dashboard: Your Health at a Glance

The Dashboard is the first screen you see after logging in. It is the third button on the bottom menu of the page. It's designed to give you a quick overview of your current health status.



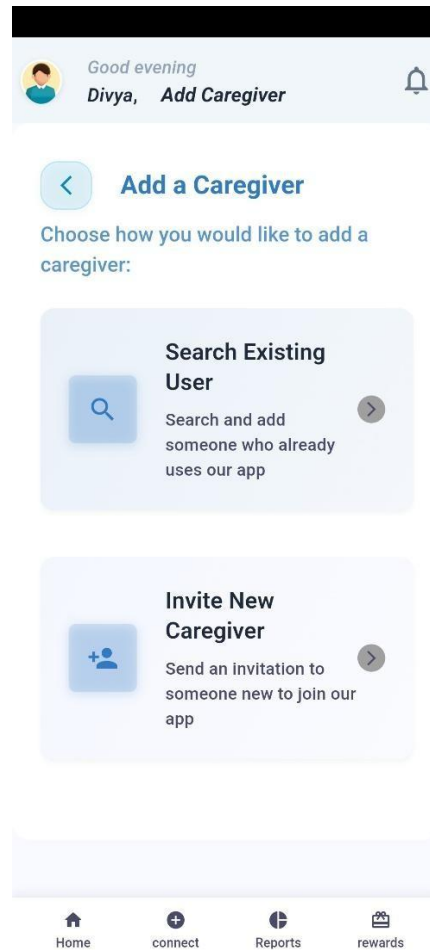
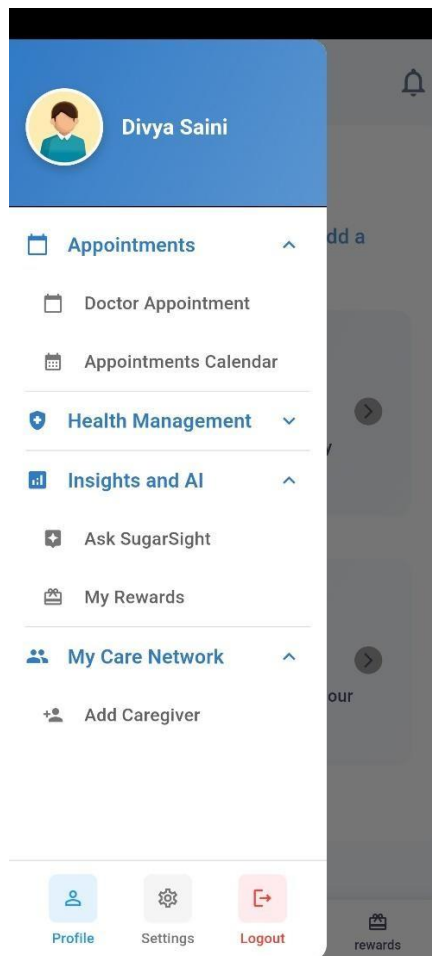
- **Current Glucose Reading:** At the top of the screen, you'll see your most recent glucose reading with a trend arrow indicating if your levels are rising, falling, or stable.
- **Time in Range (TIR):** A visual summary showing the percentage of time your glucose levels were within your target range over the past day or week.
- **Daily Log:** Below your key metrics, you'll find a timeline of your recent activities, including meals, exercise, and insulin doses.

7. Cloud Features, Doctor, Nutritionist appointments

a) Adding Caregivers

SugarSight will alert you and your designated caregivers when your glucose levels are dangerously low or high.

The caregiver can be added in the dashboard screen that is shown below. This can be accessed by clicking on the profile picture on the top left. The Caregiver can be found under “My Care Network”.



- **Receiving an Alert:** An alert will appear as a push notification on your phone.
- **Remote sharing Alerts:** The alerts can be sent to the devices of Doctors and Caregivers in real time (within 15 minutes).

b) Booking Doctor/Nutritionist Appointments

- The patient can book an appointment with a doctor/nutritionist through the app from the dashboard shown above.



Good evening
Divya, Search Doctors

Search by name or sp...

Filter by d... More Filters

2 doctors found

Karan Das Endocrinologist

Working Days
Sat

Please select date by clicking the button

Book

Dr. Aditya Shar... Diabetologist

Working Days

Home connect Reports rewards

Payment

Appointment Payment

Doctor: Karan Das
Date: 29 Nov 2025
Time: 15:10

Payment Details

Consultation Fee (₹)
₹ 120

Full Name
Divya Saini

Email
divyas20@gmail.com

Phone Number
9663677747

10 digit mobile number 10/10

Pay Now

- The appointments can be booked based on the availability of the doctors/health care professionals. The appointment charges are set by the doctor.
- Note: For the purposes of the user trial, the patient need not enter their own bank account details. They can utilize the “temporary dummy” bank account mentioned below.

Mastercard - 2305 3242 5784 8228 (or) Visa - 4386 28G4 0766 0153

CVV: Any 3 digit number

Date: Any future date



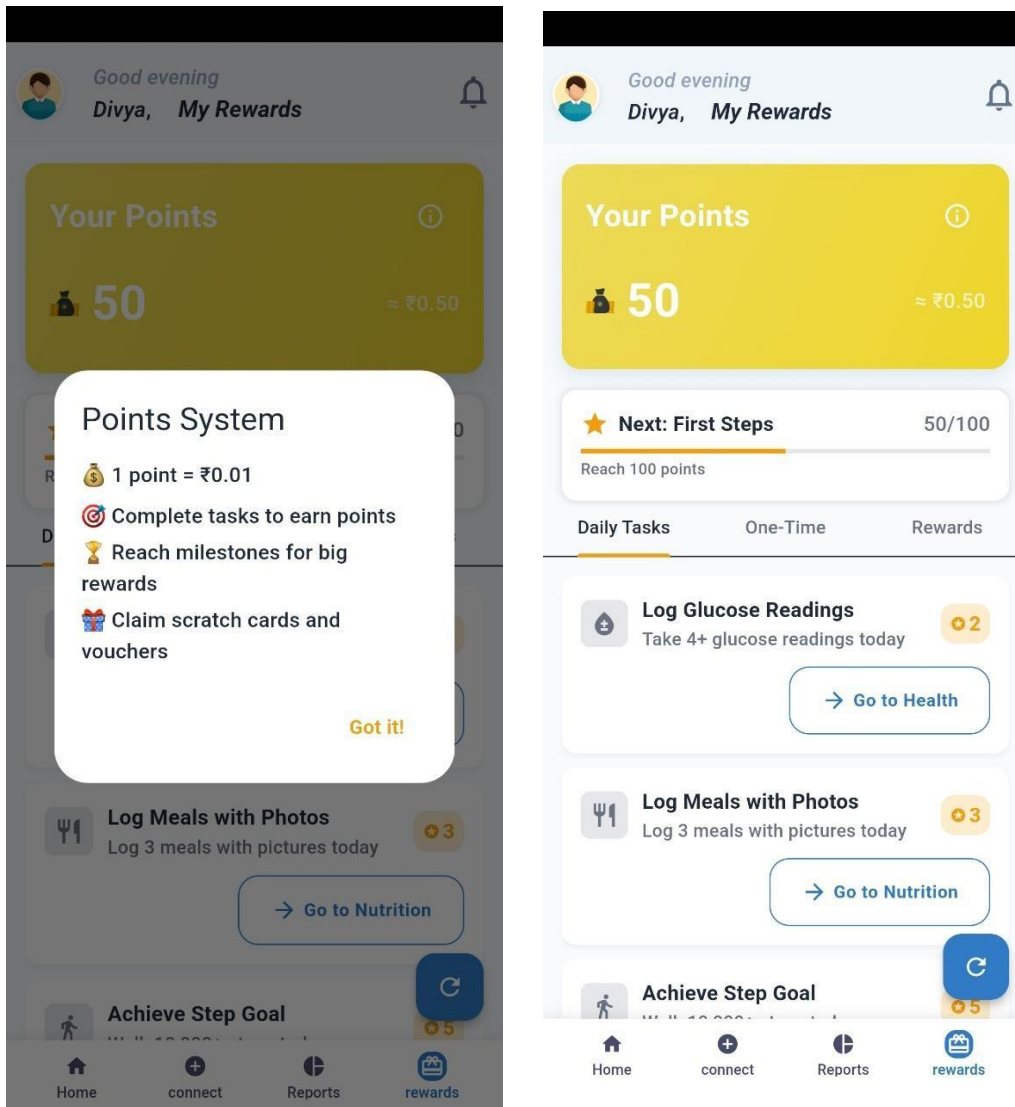
Card Network	Card Number	CVV	Expiry Date
Mastercard	2305 3242 5784 8228	Random CVV	Any future date
Visa	4386 2894 0766 0153	Random CVV	Any future date

- Browse the profiles of available professionals.
- Select a professional and choose a convenient time slot from their calendar.
- Once the appointment is booked, you will receive a notification to join the video call at the scheduled time.
- **Note:** During a consultation, the doctor will have access to your health data only with your explicit consent.

8. Rewards s Loyalty Program

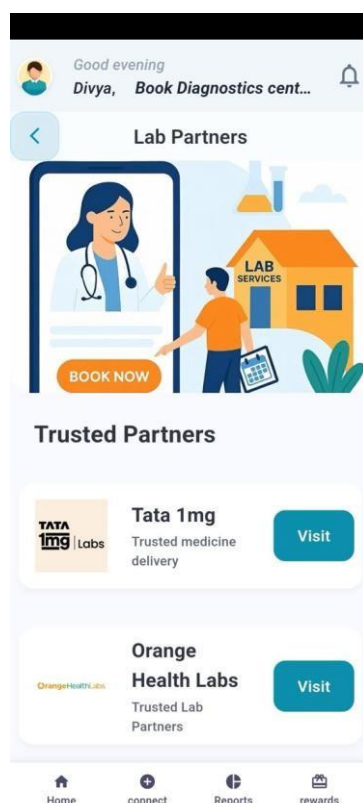
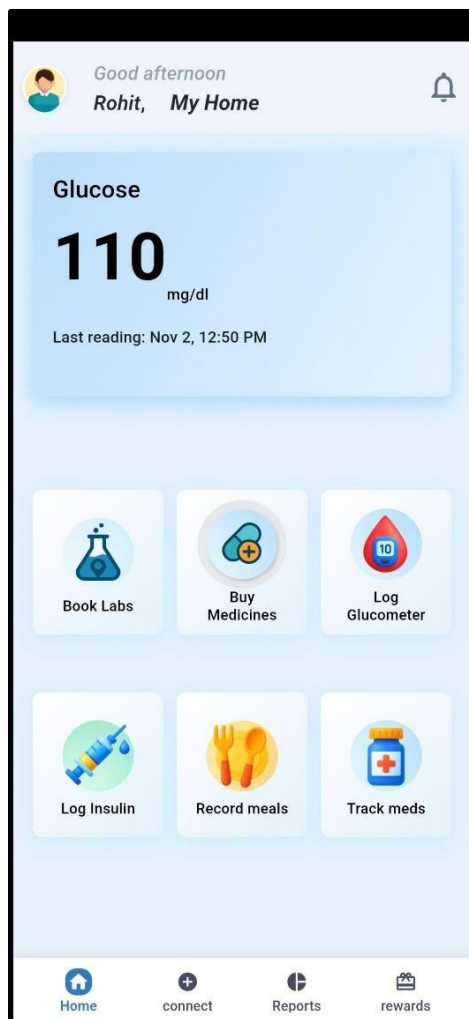
Get rewarded for managing your diabetes! Our rewards program gives you points for staying within your target glucose range and consistently logging your activities.

- Check your points and see your progress toward milestones in the "Rewards" tab.
- More points mean a higher tier and exclusive benefits.
- **Note:** For the purposes of the user trial, the rewards and loyalty points are not redeemable.



G. Order Medication and Lab tests from the App

The user can order medication through our trusted partners, Tata 1mg as well as lab tests at home from both Tata 1mg and Orange health. It can be found in the home page





10. Support s Assistance

- **AI Assistant:** For general health queries, tap the "Ask SugarSight" icon to get information from verified sources. Remember, this is for informational purposes only and is not a substitute for professional medical advice.
- **Customer Support:** If you need technical assistance, please contact our support team at SugarSight@vtpl.tech